



## **Dr. RAJKUMAR ACADEMY FOR CIVIL SERVICES**

No. 91, 2<sup>nd</sup> and 3<sup>rd</sup> Floor, 60 feet road, Chandra Layout, Bangalore-560040

### **Prepare with Precision – 2019**

#### ***A 365 days comprehensive strategy***

UPSC Civil Services exam is a journey one takes with lot of grit and determination. The exam process will have an enriching influence on any aspirant. However it is important have Patience as one virtue throughout the sojourn. While success at the start will be desirable it will not be universal given the competitive edge one needs to gather along. We at Dr Rajkumar Academy for Civil Services would wish to stand by each aspirant who is dedicated towards his goal.

Dr Rajkumar Academy of Civil Services is happy to launch **Prepare with Precision -2019**. The programme in its first edition is a unique initiative to prepare a student who has already gone through a classroom programme or has written UPSC Civil Services exam before.

The programme has the following features-

- It is a combination of **Mains and Prelims** oriented test series.
  - **24 Mains pattern tests**, both syllabus and NCERT based – Starting **August 4<sup>th</sup> 2018**
  - **10 Prelims pattern tests** - only NCERT based – Starting **November 25<sup>th</sup> 2018**
  - **30 tests - Prelims pattern (Exclusive test Series)**, both sectional and full length tests – Starting **January 20<sup>th</sup> 2019**.
- Aspirant gets to attend the **Current Affairs Class** at the academy every week.

The **One Year Plan** is scientifically made to prepare for UPSC Civil Services Exam 2019.

The schedule for the **Mains Pattern Tests** is attached along. The pattern is varied keeping in mind the dynamicity that UPSC ensures in its mains paper. Hence we wish to prepare all aspirants in the same direction.

**Highlights:**

- Every Test paper will be evaluated.
- One to One feedback on monthly basis for special attention.
- Test Papers will be set at the same standard as that of UPSC.

*PS: The schedule for Prelims pattern tests starting November will be announced in October 2018.*

**Test Series Fee** – Rs. 15000/-

**Academy Students** – Rs. 9800/-

## I – Mains Preparation Programme

Test No.	Date	Syllabus	Primary Sources	Secondary Sources
1	4 <sup>th</sup> Aug 2018 2hrs Saturday 2pm – 4pm	<p align="center"><b>GS – IV</b></p> <p>Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships. Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values.</p> <ul style="list-style-type: none"> <li>• Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion.</li> <li>• Aptitude and foundational values for Civil Service , integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections.</li> <li>• Emotional intelligence-concepts, and their utilities and application in administration and governance.</li> <li>• <b>Case Studies on above issues.</b></li> </ul>	Any standard Book w.r.t the syllabus; ARC Report on Ethics in Governance;	
2	5 <sup>th</sup> Aug 2018 1.5hrs Sunday 2 – 3.30pm	<b>Essay - I</b>	-	-
3	11 <sup>th</sup> Aug 2018 2hrs Saturday 2pm – 4pm	<p align="center"><b>GS – IV</b></p> <p>Contributions of moral thinkers and philosophers from India and world.</p> <ul style="list-style-type: none"> <li>• Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.</li> </ul>	Any standard Book w.r.t the syllabus; ARC Report on Ethics in Governance;	--

		<ul style="list-style-type: none"> <li>• Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.</li> <li>• Case Studies on above issues.</li> </ul>		
4	<b>15<sup>th</sup> Aug 2018</b> <b>3hrs</b> Wednesday 2pm-5pm	<b>GS – IV</b> <b>Full syllabus</b>	Same as above mentioned	--
5	<b>18<sup>th</sup> Aug 2018</b> <b>2hrs</b> Saturday 2pm – 4pm	<b>Art and Culture</b> <b>World History</b> <b>World Physical Geography</b> <b>Indian Physical Geography</b>	NCERTs on Art & Culture and World History. NCERTs 11 <sup>th</sup> and 12 <sup>th</sup> Std Physical Geography.	--
<b>Week off</b>				
6	<b>1<sup>st</sup> Sept 2018</b> <b>2hrs</b> Saturday 2pm – 4pm	<b>General Studies-I (Indian Heritage and Culture, History and Geography of the World and Society)</b> Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times. Modern Indian history from about the middle of the eighteenth century until the present- significant events, personalities, issues. The Freedom Struggle - its various stages and important contributors /contributions from different parts of the country. Post-independence consolidation and reorganization within the country.	6 to 12 <sup>th</sup> NCERT Introduction to Fine Arts (11 <sup>th</sup> NCERT) A Brief History of Modern India – Spectrum History of the World – Arjun Dev	Indian Art and Culture – Nitin Singhania From Plassey to Partition and after history of Modern India – Sekhar Bandyopadhyay Mrunal World History Lecture series.

		History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.- their forms and effect on the society.	Class 12 TN Test Book (World History)	
7	2 <sup>nd</sup> Sept 2018 1.5hrs Sunday 2-3.30pm	Essay – II	--	--
8	9 <sup>th</sup> Sept 2018 2hrs Sunday 2pm – 4pm	<p><b>General Studies-I (Indian Heritage and Culture, History and Geography of the World and Society)</b></p> <p>Salient features of Indian Society, diversity of India. Role of women and women’s organization, population and associated issues, poverty and developmental issues, urbanisation, their problems and their remedies.</p> <p>Effects of globalisation on Indian society. Social empowerment, communalism, regionalism and secularism.</p> <p>Salient features of world’s physical geography. Distribution of key natural resources across the world (including South Asia and the Indian sub-continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India)</p> <p>Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc.,</p> <p>Geographical features and their location- changes in</p>	<p>Class 12 NCERT: Indian Society Social Change and Development in India</p> <p>Current affairs: Hindu Newspaper DRACS News Analysis</p> <p>11 and 12<sup>th</sup> NCERT ( Both Physical and Human Geography)</p> <p>Certificate Physical and Human</p>	<p>Social Problems in India – Ram Ahuja</p> <p>Mrunal Videos on Geography</p>

		critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.	Geography by Goh Cheng Leong	
<b>Week off</b>				
<b>9</b>	<b>22<sup>nd</sup> Sept 2018 2hrs Saturday 2pm – 4pm</b>	<b>Indian Society and Social Development in India Indian Constitution &amp; Political Theory</b>	NCERT's on Indian Society. NCERT's on Indian Polity and Political Theory	
<b>10</b>	<b>23<sup>rd</sup> Sept 2018 2hrs Sunday 2pm – 4pm</b>	<p><b>General Studies -II: (Governance, Constitution, Polity, Social Justice and International relations)</b></p> <p>Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure.</p> <p>Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein.</p> <p>Separation of powers between various organs dispute redressal mechanisms and institutions.</p> <p>Comparison of the Indian constitutional scheme with that of other countries</p> <p>Parliament and State Legislatures - structure, functioning, conduct of business, powers &amp; privileges and issues arising out of these.</p> <p>Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.</p> <p>Salient features of the Representation of People's Act.</p>	<p>11<sup>th</sup> NCERT Indian Constitution at work</p> <p>Indian Polity by Laxmikant</p> <p>12<sup>th</sup> NCERT Politics in India after Independence.</p> <p>Class 11 NCERT - Political Theory</p> <p>2<sup>nd</sup> ARC REPORT Compilation (Selective)</p> <p>Current Affairs: Hindu</p>	Constitution of India: D D Basu

		Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies	Current issues by DRACS AIR News Analysis	
<b>11</b>	<b>29<sup>th</sup> Sept 2018 2hrs Saturday 2pm – 4pm</b>	<p><b>General Studies -II: (Governance, Constitution, Polity, Social Justice and International relations)</b></p> <p>Government policies and interventions for development in various sectors and issues arising out of their design and implementation.</p> <p>Development processes and the development industry the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders</p> <p>Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and bodies constituted for the protection and betterment of these vulnerable sections</p> <p>Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.</p> <p>Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources, issues relating to poverty and hunger.</p> <p>Important aspects of governance, transparency and accountability, e-governance- applications, models, successes, limitations, and potential; citizens charters, transparency &amp; accountability and institutional and other measures.</p> <p>Role of civil services in a democracy.</p> <p>India and its neighbourhood- relations.</p>	<p>Class 11 NCERT - Political Theory</p> <p>2<sup>nd</sup> ARC REPORT Compilation (Selective)</p> <p>India Year Book: Selected Chapters</p> <p>Annual Report: Important Ministries</p> <p>Current Affairs: Hindu</p> <p>Current issues by DRACS AIR News Analysis</p>	<p>Challenge and Strategy: Rethinking India's Foreign Policy</p> <p>India and World : RSTV Videos</p>

		<p>Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests</p> <p>Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.</p> <p>Important International institutions, agencies and fora, their structure, mandate.</p>		
<b>12 &amp; 13</b>	<b>6<sup>th</sup> Oct 2018</b> <b>3hrs + 3hrs</b> <b>Sunday</b>	<p><b>GS – I Full Syllabus</b></p> <p><b>GS – II Full Syllabus</b></p> <p><b>(UPSC timings)</b></p>	--	--
<b>14</b>	<b>13<sup>th</sup> Oct 2018</b> <b>2hrs</b> <b>Saturday</b> <b>2pm – 4pm</b>	<p><b>Human Geography &amp; Indian Economy</b></p> <p><b>Economic Survey</b></p>	NCERT's on Human Geography and Indian Economy	Recent Economic Survey
<b>15</b>	<b>14<sup>th</sup> Oct 2018</b> <b>2hrs</b> <b>Sunday</b> <b>2pm – 4pm</b>	<p><b>General Studies III: (Technology, economic development, bio diversity, environment, security and disaster management)</b></p> <p>Indian economy and issues relating to planning mobilization of resources, growth, development and employment.</p> <p>Inclusive growth and issues arising from it.</p> <p>Government budgeting.</p> <p>Major crops, cropping patterns in various parts of the country, different types of irrigation and irrigation system storage, transport and marketing of agricultural produce and issues and related constraints;</p> <p>e-Technology in the aid of farmers.</p> <p>Issues related to direct and indirect farm subsidies and minimum support prices;</p> <p>Public distribution system- objectives, functioning, limitations, revamping; Issues of buffer and food security; Technology missions; Economics of animal</p>	<p>Class 11 NCERT: Indian Economic Development</p> <p>Indian Economy – Sanjiv Verma</p> <p>Highlights of Economic Survey</p> <p>India Year Book: Selected Chapters</p> <p>Three Year Action Agenda by NITI Ayog</p>	<p>Indian Economy: R Dutt and Sundaram</p> <p>Mrunal Videos on Economy</p> <p>IBEF.org</p>



		rearing.  Food Processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management.  Land reformers in India.	Current Affairs: Hindu Current issues by DRACS AIR News Analysis	
<b>Weekly off</b>				
<b>16</b>	<b>27<sup>th</sup> Oct 2018 2hrs Saturday 2pm – 4pm</b>	<p><b>General Studies III: (Technology, economic development, bio diversity, environment, security and disaster management)</b></p> <p>Effects of liberalisation on the economy, Changes in Industrial policy and their effects on Industrial growth.</p> <p>Infrastructure: Energy, Ports, Roads, Airports, Railways, etc. Investment Models.</p> <p>Science and technology- developments and their applications and effects in everyday life. Achievements of Indians in science and technology; Indigenisation of technology and developing new technology. Awareness in Fields of IT, Space, Computers, Robotics, Nano Technology, Biotechnology and issues relating to intellectual property rights.</p> <p>Conservation, environmental pollution and degradation, environmental impact assessment. Disaster and disaster management.</p> <p>Linkage between development and spread of extremism.</p> <p>Role of external state and non-state actors in creating challenges to internal security.</p>	<p>Class 11 NCERT: Indian Economic Development</p> <p>Indian Economy – Sanjiv Verma</p> <p>Current Affairs: Hindu Current issues by DRACS AIR News Analysis</p> <p>NDMA Website</p> <p>Challenges to Internal Security of India: Ashok Kumar Singh</p>	<p>IBEF.org</p> <p>Downtoearth.org.in</p> <p>IDSA.in</p>

		<p>Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security, money laundering and its prevention.</p> <p>Security challenges and their management in border areas; Linkages of organised crime with terrorism.</p> <p>Various security forces and agencies and their mandate.</p>		
<b>17</b>	<b>28<sup>th</sup> Oct 2018 3hrs Sunday</b>	<b>Essay III 2pm to 5pm</b>	--	--
<b>18 &amp; 19</b>	<b>3<sup>rd</sup> Nov 2018 3hrs + 3hrs Saturday</b>	<b>General Studies III – Full Syllabus General Studies IV – Full Syllabus (UPSC timings)</b>	--	--
<b>20</b>	<b>10<sup>th</sup> Nov 2018 3hrs Saturday</b>	<b>Essay IV 2pm to 5pm</b>		
<b>21 &amp; 22</b>	<b>17<sup>th</sup> Nov 2018 3hrs + 3hrs Saturday</b>	<b>General Studies I – Full Syllabus General Studies II – Full Syllabus (UPSC timings)</b>	Same sources + Current Affairs	-
<b>23 &amp; 24</b>	<b>18<sup>th</sup> Nov 2018 3hrs + 3hrs Sunday</b>	<b>General Studies III – Full Syllabus General Studies IV – Full Syllabus (UPSC timings)</b>	Same sources + Current Affairs	-